



HARVARD
MEDTECH

BIO | PSYCHO | SOCIAL

What to Expect

Vx Therapy®

Harvard MedTech's Vx Therapy is a comprehensive BioPsychoSocial program that uniquely blends biological components with psychological and social components (delivered via in-home virtual reality therapy) to treat trauma. Vx Therapy provides a safe, effective in-home treatment for trauma which can include chronic and acute pain, depression, anxiety, and PTSD-related symptoms.

What to Expect

First Month – Patient Compliance

- Vx headset usage, immersion & benefit
- Active participation in the program

Second Month – Building Momentum

- Reduced pain, anxiety & depression levels
- Progress towards achieving VA treatment plan

Third Month – Consistent Outcomes

- Consistent reduction of pain, anxiety & depression levels
- Increased patient resiliency

Vx Therapy Program Benefits

Reduced pain, anxiety & depression levels

Increased functionality & coping skills

Return to normal daily living & social activities

Better quality sleep





Vx Therapy® Program

What is the Vx Therapy?

Safe, Proven
Pain Relief

Vx Therapy, delivered via an in-home virtual reality device, provides a safe and effective treatment for trauma which can include chronic or acute pain, depression, anxiety, sleep issues, and PTSD-related symptoms. Our 3-month in-

home program blends biological components with the psychological and social components that often go unaddressed. **Vx Navigator** support provides training on device setup, platform navigation, and product usage as well as troubleshooting assistance and weekly compliance reports.

What are the Outcomes?

Reduction During VR Use

Pain Improvement %	44.8%
Hrs Legacy Pain Relief	2.8
Anxiety Improvement %	59.6%
Hrs Legacy Anxiety Relief	2.6

PROMIS*

Pain Intensity % Improvement	33.5 %
Pain Behavior % Improvement	48.8%
Pain Interference & Improvement	66.9%
Anxiety % Improvement	27.6%
Depression % Improvement	34.2%



Vx Therapy Program Benefits

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- Increased functionality & coping skills
- Return to normal daily living & social activities
- Better quality sleep



*PROMIS® (Patient-Reported Outcomes Measurement Information Systems) is a publicly available system of highly reliable, precise measures of patient-reported health status for physical, mental, and social well-being.

